

TriCity Family Services, Navigate Adolescence, and Geneva Coalition for Youth Present:



Compass for Boys

Finding your Way

Saturday, February 5, 2022
9:00 a.m. to 12:30 p.m.



Strengthen Your Son's Social & Emotional "Compass" During These Unusual Times

Compass for Boys provides a great way for 4th- and 5th-grade boys to enhance their social and emotional skills, including:

- Self-Awareness
- Managing Challenging Emotions
- Problem-Solving
- Developing Healthy Friendship Skills
- Becoming More Empathic
- Understanding Personal Power

This all-male-facilitated workshop consists of small group break-out sessions which include mini-lessons, activities, facilitated discussions to relate mini-lessons to current experiences, and **conversations with peers** to provide boys with the opportunity to grow, learn, and share while having fun. **Lively discussions, stress-relieving breath and movement activities facilitated by a yoga instructor, a drawstring bag, and meaningful takeaways will all be included in this exciting morning!**

Compass is open to ALL 4th- and 5th-grade boys from public, private, and homeschools.

Compass for Boys is brought to you by:



Geneva Coalition for Youth

with the support of Geneva CUSD 304.

Questions? compass@tricityfamilyservices.org

*Also brought to you by the creators of the curriculum:



Our programs are inclusive and welcoming to all.

Virtual Workshop
Facilitated LIVE through ZOOM
with Supply Pick-Up in Advance
at TriCity Family Services in Geneva



NEW In Registration:
"List Friends for Your Small Group to Virtually Participate Together"
OR
Choose the "Make New Friends" Option to Meet New People in the Workshop

"After attending Compass, I now feel like I can..."
"...be respectful" - 4th Grader
"...problem solve" - 4th Grader
"...understand empathy more" - 5th Grader
"...make new friends" - 5th Grader

LOCATION: Your electronic device, using Zoom
This Year's Compass for Boys COST: \$15
Fee reductions are available based on need.
REGISTER BY 11:59 PM on 1/21/22.
Register: <https://secure.acceptiva.com/?cst=T76xQH>
Free presentation for parents – Click title to register:
"Parenting 4th-8th Graders Through Their Stress & Worries,"
6:30-7:30 PM, 2/7/22
More Info at www.tricityfamilyservices.org