



Feel-Good Friday

The Week of the Young Child reminds us how early life experiences lay a foundation for future success. **On behalf of young children** who cannot fully articulate the *extraordinary* value of the many *ordinary* interactions they have with caring adults throughout the day, ***please share the following statement of gratitude*** with every parent/guardian, preschool teacher, childcare professional, and all others who dedicate themselves to helping young children learn and grow:

Thank you for the consistency of care you give me each day.

Thank you for tending to my physical and mental well-being.

Thank you for teaching me new skills.

Thank you for noticing all that I'm learning through play.

Thank you for taking time to explain things in words that I can understand.

Thank you for reading to me with enthusiastic expression.

Thank you for repeatedly doing my favorite things as I continue to grow from the experiences.

Thank you for the time you invest in our relationship.

Thank you for the patience you model for me.

Thank you for helping me understand my feelings.

Thank you for comforting me when I'm sad or scared.

Thank you for connecting me with others when I'm lonely.

Thank you for encouraging me to try new things when I'm nervous.

Thank you for your calming assistance when I'm frustrated or angry.

Thank you for smiling and sharing in my joy and excitement.

For details on TriCity Family Services' current "Preschool Story & Social Time," parent presentations, and additional wellness programs for families with young children, email "young child" to emotional-wellness-no-reply@tricityfamilyservices.org

Spoken on Behalf of Young Children