



Family Connections



Connect with your family and with peers this school year.

**Family Dinner - Family Games - Children Play Without Electronics -
- Positive Environment - Adult Conversations - Meet Other Families**

Who's invited?

All elementary-school families living in Batavia Public School District 101 are invited. Bring younger and older siblings to join the fun. Grandparents, additional household members, and children's caregivers are welcome, too.

COST? FREE — Including Food

[Click Here to REGISTER to Attend or Scan:](#)



Schools are paired; however, attend the series that fits your schedule **from 5:30 to 8:00 PM:**

8 WEDNESDAYS, October 2 - November 20 at H.C. Storm:
Families from H.C. Storm & Louise White Schools

8 THURSDAYS, January 9 - February 27 at Hoover-Wood:
Families from Hoover-Wood & J.B. Nelson Schools

8 THURSDAYS, March 6 - May 8 (skip April 3 & 24) at Grace McWayne: Families from Grace McWayne & Alice Gustafson

Let's connect in-person to build the "village" it takes to raise a child. Enjoy one evening per week for an 8-week series* that energizes you through joy, laughter, and stress relief. How?

Bring your WHOLE FAMILY together (ALL ages are welcome) to:

- Be present in conversation while eating dinner served to you - engaging conversation starters are provided to move families beyond the brief answers children typically give when questioned about their day.
- At your family table, play games such as "Feelings Charades" and "Doodle Talk" that help your family members learn more about each other, develop a vocabulary of feeling words, practice taking turns, and laugh together during the fun.
- Children are then given time to play together - WITHOUT electronics - under the supervision of facilitators.
- Meanwhile, adults talk together in a group about parenting and self-care topics facilitated by a leader ready to provide stress-relief tips and other emotional wellness information. You may listen or contribute to the discussion as you feel comfortable.
- Parents are given time to play one-on-one with one of their children each night of the program.
- At least once during the series, each participating family receives a gift card for family activities.

* Families may join at any point in a series - we encourage joining early!

Family Connections has built and strengthened positive family routines for over 20 years!
Questions? Email: emotional-wellness-no-reply@tricityfamilyservices.org