



Health and Happiness For All



FY2024
Annual Report

JULY 2023-JUNE 2024

BOARD OF DIRECTORS

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nVision Consulting Group

Diane Gibson, Vice President

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Andrew Fuller

York Community High School

Kelly Haab-Tallitsch

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Meghan Hamilton

Alma Mental Health Therapy

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Gail Krawczykowski, Past President

NielsenIQ

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Dudley Burgess

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Bill Connell

Finance Advisory Committee

Linda Jones

Quality Advisory Committee

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Viki Wonak, MSW, LCSW

Clinical Manager

Michelle Clark, MS.Ed, LCPC, NCC

Director of Emotional Wellness
Programs

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Director of Development

Eric Laskey, MBA

Business Manager

Chris Weihofen, MBA

Manager of Office Operations

LETTER FROM OUR EXECUTIVE DIRECTOR AND BOARD PRESIDENT

Dear Friends,

At TriCity Family Services, we know that **health and happiness** begin with emotional wellness. When individuals and families have access to the mental health support they need, they can strengthen themselves and their relationships with family, friends, and neighbors. By prioritizing mental well-being, we create a foundation for a healthier, happier community.

Over the past year, we remained committed to strengthening mental health in our local communities, providing **40,208 total hours of service, supporting 4,202 individuals, and conducting 17,819 counseling sessions**—all right here in Kane County.

As we guide families toward health and happiness, we recognize that true wellness goes beyond therapy alone. Our **comprehensive care** means not only providing high-quality mental health services but also ensuring individuals and families have access to essential resources like food, housing, and financial assistance. Our therapists and case managers work tirelessly to connect clients with the support they need—because emotional wellness is built on stability and security.

This year, we revitalized two of our signature programs: **Family-Based Treatment for Eating Disorders (FBT)** and the **Wilderness Challenge Program (WCP)**. Led by new program managers with extensive experience and fresh enthusiasm, these programs are helping young people build resilience and confidence while receiving specialized care.

The national shortage of mental health providers remains a challenge while demand for services remains exceptionally high. We are committed to recruiting and retaining skilled professionals and supporting our dedicated staff—because **a strong team is essential to a strong community**.

Looking ahead, TriCity Family Services remains dedicated to expanding access to **high-quality, evidence-based mental health services**. Through partnerships, collaborations, and new funding opportunities, we will continue growing our impact and ensuring that no one faces mental health challenges alone.

None of this would be possible without the unwavering support of our **donors, volunteers, staff, and community partners**. Your generosity enables us to foster health and happiness in our community, ensuring that everyone has access to the care and resources they deserve.

Thank you for being part of our mission. Together, we can build a more compassionate, resilient community.

Gratefully,



Laura Poss
Executive Director



Veronique Saxe
Board President

“You’re going to find yourself in **new situations you haven’t been in before** that are going to make you feel uncomfortable and they’re going to force you to grow a little bit.” -Past WCP Participant



Andy Drott, MS, ED - Wilderness Challenge Program Coordinator/TCFS Therapist

“[FBT has] given us an avenue to work through everything with structure and support. **We’re not on an island working on things alone.**” -Parents of FBT Client



Some of the TCFS Counselors who are trained in Family-Based Treatment for Eating Disorders: **Jessica Atkins, Emma Baxter, Maddy Tomlinson, Michele Dominguez**

TriCity Family Services Impact

Fiscal Year 2024 Service Statistics

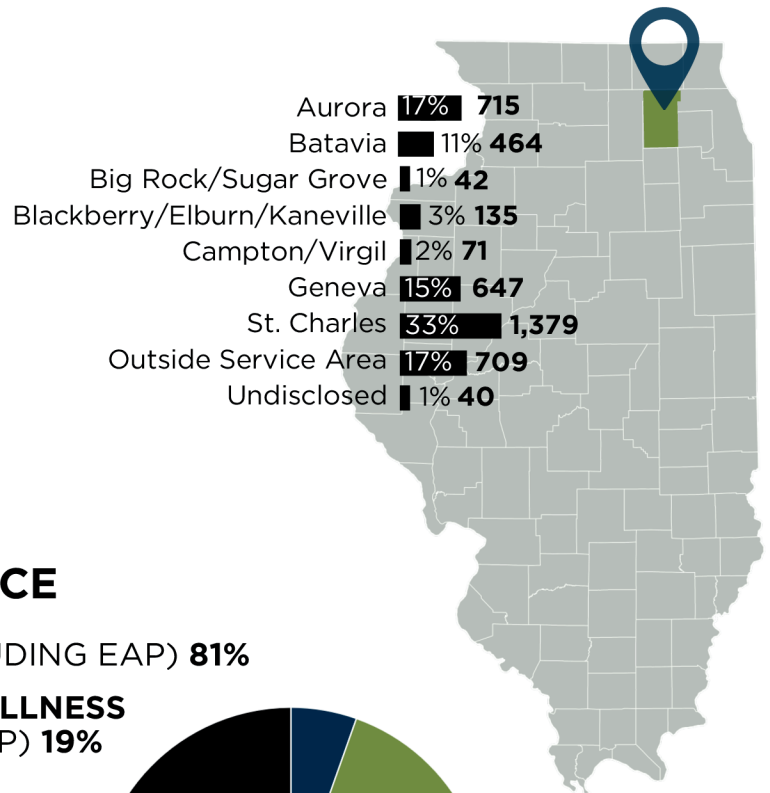
17,819 COUNSELING SESSIONS

INDIVIDUALS SERVED

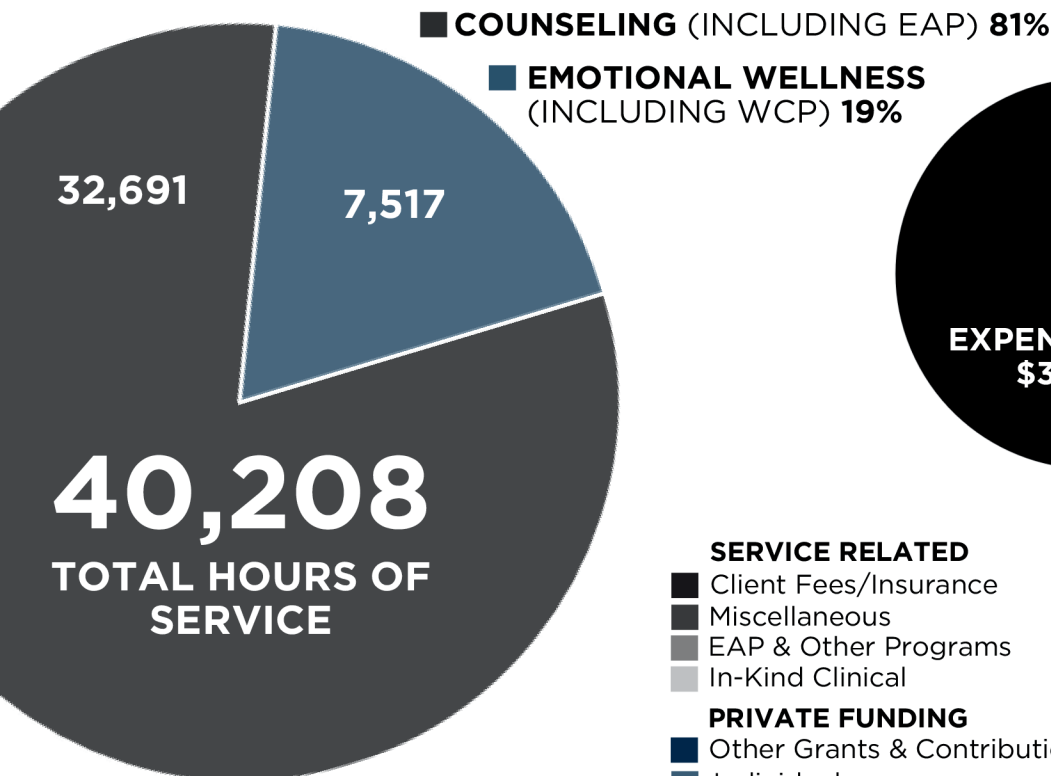


4,202 TOTAL

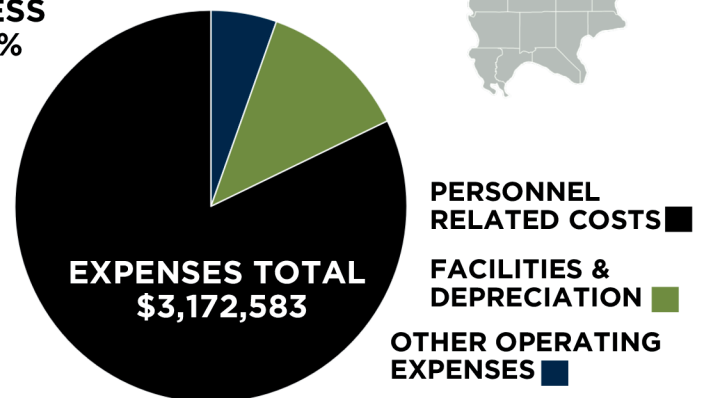
SERVICE AREA



HOURS OF SERVICE

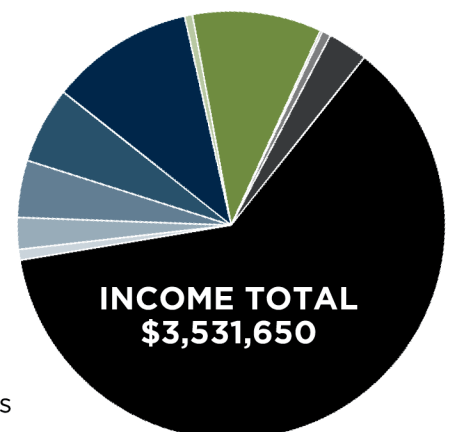
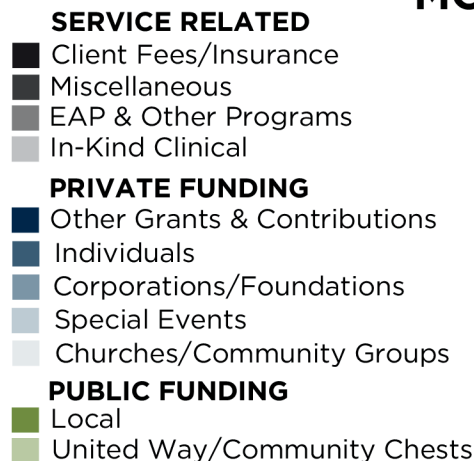


40,208
TOTAL HOURS OF SERVICE



PERSONNEL RELATED COSTS
FACILITIES & DEPRECIATION
OTHER OPERATING EXPENSES

MONEY IN/MONEY OUT



room for GROWTH

FRIDAY, MAY 17TH / EAGLE BROOK COUNTRY CLUB



A Lunch and Learn Event for
Mental Health Awareness Month

For Mental Health Awareness Month in May 2024, TriCity Family Services hosted **Room for Growth**. The Lunch and Learn event featured bestselling author of **"13 Things Mentally Strong People Don't Do"**, Amy Morin, LCSW, who gave our 100+ attendees tangible ways to strengthen their emotional health.



TCFS Staff at Room for Growth



"Everyone has the ability to increase resilience to stress. It requires hard work and dedication, but over time, you can equip yourself to handle whatever life throws your way without adverse effects to your health. Training your brain to manage stress won't just affect the quality of your life, but perhaps even the length of it."

-Amy Morin

BARTH AWARD: JIM DI CIAULA

Since 1985, TriCity Family Services has recognized outstanding community leaders through the William D. Barth Award. This year, **Jim Di Ciaula** joined the esteemed ranks of individuals who have demonstrated exceptional dedication to the welfare of our community. Di Ciaula was nominated for this year's award by a group of his peers who highlighted his work with CASA Kane County, Random Acts Matter, St. Charles Chamber of Commerce, TriCity Family Services, and many other area organizations. Jim was honored at the 40th Annual Barth Award Ceremony on October 17, 2024.

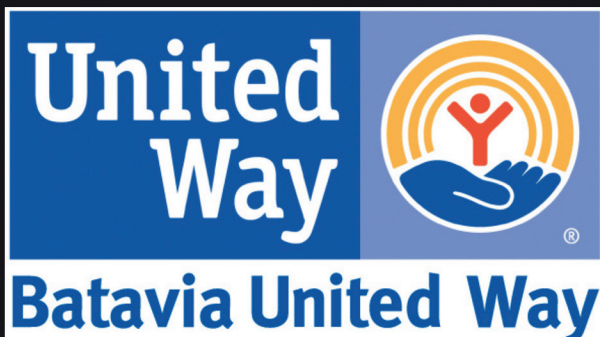


SHELLY & MIKE WEIBLE
Individual or Couple

GOLDEN HEART AWARDS

DUNHAM FOUNDATION

DUNHAM FOUNDATION
Company or Foundation



BATAVIA UNITED WAY
Community Group or Organization

The Golden Heart Awards recognize and honor outstanding philanthropic support of TriCity Family Services, our mission, and the people we serve. Selected winners have shown long-standing and meritorious support of TriCity Family Services and are recognized as true champions of compassionate, accessible mental health services in the tricities community. This year's Golden Heart Award recipients were honored at the 35th Annual Inspiring Hearts & Minds Gala on September 21, 2024.

FISCAL YEAR 2024 (JULY 2023 TO JUNE 2024)

Public Funders

Batavia United Way
City of Geneva 708 Mental Health Board
Fox Valley United Way
Geneva Community Chest
INC Mental Health Alliance Board
St. Charles 708 Mental Health Board

Foundations

Caerus Foundation, Inc.
The Chicago Community Foundation
Community Foundation of the Fox River Valley
The Compassion Foundation
Dunham Foundation
FT Cares Foundation
Hansen-Furnas Foundation, Inc.
Gerald A. and Karen A. Kolschowsky Foundation, Inc.
B. Richard and Elsie M. Lindholm Foundation
Dellora A. and Lester J. Norris Foundation
Reese Family Charitable Foundation
Texas Instruments Foundation

Corporate Partners in Caring

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The Ivy Academy

(Advocate):

FT Cares Foundation

(Pacesetters):

McFONA
Nicor Gas

(Partner):

Sterling Bank

(Supporters):

Caterpillar, Inc.
FNBO
Mason, Faith & Hoscheit
St. Charles Bank & Trust

SINCEREST THANKS
to our **PUBLIC FUNDERS, FOUNDATIONS**
and **CORPORATE PARTNERS IN CARING**



tricityfamilyservices.org

**1120 Randall Court
Geneva, Illinois
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(630) 232-1070

Every effort was made to include all who gave during this timeframe. If your name was omitted in error, please accept our sincere apologies and reach out to us so we can amend our database.